

ALLOPATHIC PRESCRIPTIONS

Undisclosed Lawyers Employed by the Pharmaceutical Industry

Allopathic Prescriptions

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Contents

1	Prescriptions	1
1.1	aspirin	1
1.2	lipitor	1
1.3	lisinopril	4
1.4	metoprolol tart	7
1.5	nitrostat	11
1.6	plavix	14

1 Prescriptions

Following are the medical prescriptions assigned to J. Harmon Grahn 06/27/2011 by doctors at The University of New Mexico Health Sciences Center, University Hospital; and transcriptions of the common uses, directions, precautions, drug interactions, and adverse effects, delivered to him by the pharmacy at which he had the prescriptions filled. They are included here, not because they provide gripping reading material (they do not), but because they constitute a significant part of the information available to him about the specifics of his intended post-operative care, described in a related document.¹

1.1 aspirin

325 mg oral tablet; directions: 1 tab by mouth once a day.²

1.2 lipitor

40 mg tab, a/k/a atorvastatin; directions: take one tablet by mouth every day for cholesterol.

COMMON USES: This medicine is an HMG-CoA reductase inhibitor (also known as a “statin”) used in combination with a low-cholesterol and low-fat diet to lower cholesterol and triglyceride levels and to raise good cholesterol (HDL) levels in your blood. It may also be used in certain adolescent patients, age 10 to 17 years, who have a genetically caused cholesterol problem. This medicine is not a cure for high cholesterol, but may help to control it. This medicine may also be used in certain patients to reduce the risk of heart attack, stroke, blood vessel blockage, or chest pain caused by angina. It is also used in certain patients to reduce the risk of hospitalization for congestive heart failure, or the need for medical procedures to open blocked heart blood vessels. It may also be used to treat other conditions as determined by your doctor.

HOW TO USE THIS MEDICINE: Follow the directions for using this medicine provided by your doctor. This medicine may be taken on an empty

¹J. Harmon Grahn, *A Patient's Adventure With the Allopathic Medical Profession*, The Wellspring Publishing Group, 2012. wellspringpublishinggroup.com/wl/allopathic.pdf

²“I was given a prescription for this, but did not have it filled, because I have a bottle of aspirin at home. Later, at a follow-on appointment at the UNM Health Sciences Center 14 July 2011, in response to my stated intent to stop my daily aspirin dose, I was encouraged instead to substitute a ‘baby aspirin’ for this medication; which I was told has a vital synergistic interaction with plavix, another of my prescribed medications. I was also told that I will be taking an aspirin daily for the rest of my life. This prediction has turned out not to be true.” —J. Harmon Grahn

stomach or with food. Try to take this medicine at the same time each day. Do not eat grapefruit or drink grapefruit juice at the same time you take this medicine. STORE THIS MEDICINE at room temperature between 68 to 77 degrees F (20 to 25 degrees C) in a tightly-closed container away from heat and light. IF YOU MISS A DOSE OF THIS MEDICINE, take it as soon as possible. If it is almost time for your next dose, skip the missed dose and go back to your regular dosing schedule. Do NOT take 2 doses at once.

CAUTIONS: DO NOT TAKE THIS MEDICINE if you have had an allergic reaction to it or are allergic to any ingredient in this product. FOLLOW THE DIETARY PLAN provided by your doctor. IT MAY TAKE SEVERAL WEEKS before the full benefits of this medicine can be seen. IT IS IMPORTANT TO CONTINUE TAKING THIS MEDICINE even if you feel well. Most people with high cholesterol or triglycerides do not feel sick. LABORATORY AND/OR MEDICAL TESTS such as blood cholesterol levels or liver function tests may be done before you begin taking this medicine and during treatment to monitor your progress or to check for side effects KEEP ALL DOCTOR AND LABORATORY APPOINTMENTS while you are using this medicine. BEFORE HAVING ANY KIND OF SURGERY, tell your doctor that you are taking this medicine. DAILY USE OF ALCOHOL may increase your chance of serious side effects. Limit alcoholic beverages. THIS MEDICINE MAY CAUSE DIZZINESS. DO NOT DRIVE, OPERATE MACHINERY, OR DO ANYTHING ELSE THAT COULD BE DANGEROUS until you know how you react to this medicine. Using this medicine alone, with other medicines, or with alcohol, may lesson your ability to drive or to perform other potentially dangerous tasks. THIS MEDICINE MAY INFREQUENTLY cause muscle damage. Untreated, this can lead to kidney damage and a very serious condition known as rhabdomyolysis. Contact your doctor immediately if you develop muscle pain, tenderness, or weakness especially if they occur with fever or unusual tiredness. Eating grapefruit or drinking grapefruit juice while you are taking this medicine may increase the amount of this medicine in your blood, which may increase your risk for serious side effects. Talk with your doctor before including grapefruit or grapefruit juice in your diet while you are taking this medicine. BEFORE YOU BEGIN TAKING ANY NEW MEDICINE, either prescription or over-the-counter, check with your doctor or pharmacist. CAUTION IS ADVISED WHEN USING THIS MEDICINE IN THE ELDERLY because they may be more sensitive to the effects of the medicine. FOR WOMEN: DO NOT USE THIS MEDICINE if you are pregnant. IF YOU SUSPECT THAT YOU COULD BE PREGNANT, contact your doctor immediately. It is recommended that women of child-bearing age

use effective birth control measures while taking this medicine, since it may cause fetal harm. THIS MEDICINE IS EXCRETED IN BREAST MILK. DO NOT BREAST-FEED while taking this medicine.

POSSIBLE SIDE EFFECTS: SIDE EFFECTS that may occur while taking this medicine include dizziness, headache, nausea, diarrhea, constipation, gas, or stomach upset/pain. If they continue or are bothersome, check with your doctor. CHECK WITH YOUR DOCTOR AS SOON AS POSSIBLE if you experience bone, joint, or tendon pain; or swelling in the arms or legs. CONTACT YOUR DOCTOR IMMEDIATELY if you experience chest pain; muscle pain, tenderness, or weakness (especially with fever or unusual tiredness); yellowing eyes and skin; dark urine; change in the amount of urine; pale stools; or severe stomach pain. AN ALLERGIC REACTION to this medicine is unlikely, but seek immediate medical attention if it occurs. Symptoms of an allergic reaction include rash, itching, swelling, dizziness, or trouble breathing. If you notice other effects not listed above, contact your doctor, nurse, or pharmacist. This is not a complete list of all side effects that may occur. If you have questions about side effects, contact your healthcare provider. Call your doctor for medical advice about side effects. You may report side effects to FDA at 1-800-FDA-1088.

BEFORE USING THIS MEDICINE: Some medicines or medical conditions may interact with this medicine. INFORM YOUR DOCTOR OR PHARMACIST of all prescription and over-the-counter medicine that you are taking. DO NOT TAKE THIS MEDICINE if you are also taking another medicine that contains atorvastatin. DO NOT TAKE THIS MEDICINE if you are also taking certain itraconazole, mibefradil, or HIV protease inhibitors (such as indinavir or ritonavir). If you are currently taking any of these medicines, tell your doctor or pharmacist before starting this medicine. ADDITIONAL MONITORING OF YOUR DOSE OR CONDITION may be needed if you are taking fibrates (such as gemfibrozil or fenofibrate), efavirenz, amiodarone, carbamazepine, colchicine, conivaptan, cyclosporine, certain macrolide antibiotics (such as clarithromycin, erythromycin, or troleandomycin), digoxin, diltiazem, azole antifungals (such as fluconazole), high doses of niacin (1 gram or more per day) hormonal birth control (such as birth control pills), nefazodone, rifampin, sirolimus, tacrolimus, spironolactone, imatinib, bosentan, St. John's wort, verapamil, voriconazole, dalfopristin, or quinupristin. DO NOT START OR STOP any medicine without doctor or pharmacist approval. Inform your doctor of any other medical conditions including heart disease, recent stroke, muscle problems, alcohol use, allergies (especially to other "statin" or cholesterol-lowering medicines), pregnancy, or breast-feeding. Certain medical conditions

including low blood pressure; severe infection; uncontrolled seizures; or serious metabolic, endocrine, or electrolyte problems may increase your risk for side effects that can result in kidney problems while taking this medicine. Contact your doctor if you develop any of these conditions. USE OF THIS MEDICINE IS NOT RECOMMENDED if you have a history of liver disease or abnormal liver function test results. Contact your doctor or pharmacist if you have any questions or concerns about taking this medicine.

OVERDOSE: If overdose is suspected, contact your local poison control center or emergency room immediately.

PATIENT-ORIENTED DISCLAIMER: The information in this monograph is not intended to cover all possible uses, directions, precautions, drug interactions, or adverse effects. This information is generalized and is not intended as specific medical advice. If you have questions about the medicines you are taking or would like more information, check with your doctor pharmacist, or nurse.

1.3 lisinopril

5 mg tab; directions: take one tablet by mouth every day.

COMMON USES: This medicine is an angiotensin converting enzyme (ACE) inhibitor used to treat high blood pressure. It may also be used with other medicine to treat congestive heart disease or to improve survival in some patients after a heart attack. This medicine may be used to treat other conditions as determined by your doctor.

HOW TO USE THIS MEDICINE: Follow the directions for using this medicine provided by your doctor. This medicine may be taken on an empty stomach or with food. **STORE THIS MEDICINE** at room temperature in a tightly-closed container away from heat, moisture, and light. Do not freeze. Take this medicine regularly to receive the most benefit from it. Taking this medicine at the same times each day will help you to remember. **CONTINUE TO TAKE THIS MEDICINE** even if you feel well. Do not miss any doses. **IF YOU MISS A DOSE OF THIS MEDICINE** and you are taking 1 dose daily, take the missed dose if you remember the same day. Skip the missed dose if you do not remember until the next day. **DO NOT** take 2 doses at once.

CAUTIONS: **DO NOT TAKE THIS MEDICINE** if you have had allergic reaction to it, to other ACE inhibitors, or if you are allergic to any ingredient in this product. **DO NOT EXCEED THE RECOMMENDED DOSE** without

checking with your doctor. IT MAY TAKE 2 TO 4 WEEKS for this medicine to work. Do not stop using this medicine without checking with your doctor. Laboratory and/or medical tests including liver function, kidney function, blood pressure, blood counts, and blood electrolytes may be performed to monitor your progress or to check for side effects. KEEP ALL DOCTOR AND LABORATORY APPOINTMENTS while you are taking this medicine. BEFORE YOU HAVE ANY MEDICAL OR DENTAL TREATMENTS, EMERGENCY CARE, OR SURGERY, tell the doctor or dentist that you are using this medicine. THIS MEDICINE MAY CAUSE dizziness, lightheadedness, or fainting, especially when you begin taking this medicine. DO NOT DRIVE, OPERATE MACHINERY, OR DO ANYTHING ELSE THAT COULD BE DANGEROUS until you know how you react to this medicine. Using this medicine alone, with other medicines, or with alcohol may lessen your ability to drive or to perform other potentially dangerous tasks. If dizziness occurs, sit up or stand slowly. DRINK PLENTY OF FLUIDS during exercise or other activities where excessive sweating may occur. THIS MEDICINE MAY CAUSE increased sensitivity to the sun. Avoid exposure to the sun, sunlamps, or tanning booths until you know how you react to this medicine. Use sunscreen or protective clothing if you must be outside for a prolonged period. IF YOU EXPERIENCE difficulty breathing; tightness of chest; swelling of eyelids, face, or lips; or if you develop a rash or hives, tell your doctor immediately. Do not take any more of this medicine unless your doctor tells you to do so. RARELY, THIS MEDICINE MAY LOWER YOUR RESISTANCE TO INFECTION. This risk may be increased if you have certain other health problems (such as kidney problems or collagen vascular disease). Prevent infection by avoiding contact with people with colds or other infections. Do not touch your eyes or the inside of your nose unless you have thoroughly washed your hands first. DO NOT USE A SALT SUBSTITUTE or other potassium supplement without checking with your doctor. BEFORE YOU BEGIN TAKING ANY NEW MEDICINE, either prescription or over-the-counter, check with your doctor or pharmacist. CAUTION IS ADVISED WHEN USING THIS MEDICINE IN THE ELDERLY because they may be more sensitive to the effects of the medicine. FOR WOMEN: USE OF THIS MEDICINE DURING PREGNANCY has resulted in fetal and newborn death. If you think you may be pregnant, contact your doctor immediately. IF YOU ARE ABLE TO BECOME PREGNANT, discuss the risks and benefits of using this medicine with your doctor. IT IS UNKNOWN IF THIS MEDICINE IS EXCRETED in breast milk. DO NOT BREAST-FEED while taking this medicine. IF YOU HAVE DIABETES and you take insulin or other medicine to treat di-

abetes (such as glyburide or metformin), this medicine may affect your blood sugar. This is most likely to occur within the first month after you start this medicine. Check blood sugar levels closely and ask your doctor before adjusting the dose of your diabetes medicine. MONITOR BLOOD GLUCOSE on a regular basis, as directed by your doctor.

POSSIBLE SIDE EFFECTS: SIDE EFFECTS, that may occur while taking this medicine include headache, drowsiness, dizziness or lightheadedness, tiredness, weakness, and cough. If they continue or are bothersome, check with your doctor. CHECK WITH YOUR DOCTOR AS SOON AS POSSIBLE if you experience fast or irregular heartbeat; prolonged nausea, vomiting, or diarrhea; a change in the amount of your urine; unusual joint pain; or unusual muscle pain, cramps, or weakness. CONTACT YOUR DOCTOR IMMEDIATELY if you experience swelling of hands, legs, face, lips, eyes, throat, tongue, or trunk; difficulty swallowing or breathing; severe dizziness; lightheadedness; fainting; hoarseness; chest pain; unusual stomach pain; yellowing of the skin or eyes; darkening of your urine; sore throat; or fever. AN ALLERGIC REACTION to this medicine is unlikely, but seek immediate medical attention if it occurs. Symptoms of an allergic reaction include rash, itching, swelling, severe dizziness, or trouble breathing. If you notice other effects not listed above, contact your doctor, nurse, or pharmacist. This is not a complete list of all side effects that may occur. If you have questions about side effects, contact your health-care provider. Call your doctor for medical advice about side effects. You may report side effects to FDA at 1-800-FDA-1088.

BEFORE USING THIS MEDICINE: WARNING: This drug can cause serious fetal harm if used during the last six months of pregnancy. If pregnancy occurs, stop using this drug and immediately contact your physician. Some medicines or medical conditions may interact with this medicine. INFORM YOUR DOCTOR OR PHARMACIST of all prescription and over-the-counter medicine that you are taking. ADDITIONAL MONITORING OF YOUR DOSE OR CONDITION may be needed if you are taking non-steroidal anti-inflammatory medicine (such as ibuprofen, naproxen, or celecoxib), salicylates (such as aspirin), phenothiazines (such as thioridazine or chlorpromazine) diuretics (such as hydrochlorothiazide, furosemide, spironolactone, or triamterene), certain medicines for diabetes (such as glyburide, glipizide, tolbutamide, or insulin), pergolide, clozapine, eplerenone, indomethacin, lithium, potassium, azathioprine, or trimethoprim. Inform your doctor of any other medical conditions including a recent heart attack or other heart problems; blood vessel problems (such as aortic stenosis or stroke); kidney problems; hemodialysis; liver prob-

lems; electrolyte problems; a salt-restricted diet; lupus or scleroderma; diabetes; blood or bone marrow problems; allergies; pregnancy; or breast-feeding. USE OF THIS MEDICINE IS NOT RECOMMENDED if you have a history of unusual swelling of your face, neck, throat, tongue, lips, or trunk (angioedema). Use of this medicine in children who have severe kidney problems or are under age 6 is not recommended. Discuss with your doctor the risks and benefits of giving this medicine to your child. Contact your doctor or pharmacist if you have any questions or concerns about taking this medicine.

OVERDOSE: If overdose is suspected, contact your local poison control center or emergency room immediately.

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1.4 metoprolol tart

25 mg tab; directions: take one-half tablet by mouth twice daily.

COMMON USES: This medicine is a beta-adrenergic blocking agent (beta-blocker) used to treat high blood pressure. It may be used alone or with other medicines. It is also used for the long-term treatment of chest pain (angina) and to reduce the risk of death due to heart problems in certain patients who have had a heart attack. It may also be used for other conditions as determined by your doctor.

HOW TO USE THIS MEDICINE: Follow the directions for taking this medicine provided by your doctor. TAKE THIS MEDICINE BY MOUTH WITH FOOD or immediately following a meal at the same time each day. STORE THIS MEDICINE at room temperature, between 59 and 86 degrees F (15 and 30 degrees C). Store away from heat, moisture, and light. Do not store in the bathroom. IF YOU MISS A DOSE OF THIS MEDICINE, take it as soon as possible. If it is almost time for your next dose, skip the missed dose and go back to your regular dosing schedule. Do not take 2 doses at once.

CAUTIONS: DO NOT USE THIS MEDICINE IF you are allergic to any ingredient in this medicine or another beta-blocker (eg, propranolol). IF YOU HAVE A HISTORY OF ANY SEVERE ALLERGIC REACTION, talk with your

doctor. You may be at risk for an even more severe allergic reaction if you come into contact with the substance that caused your allergy. Some medicines set to treat severe allergies may also not work as well while you are using this medicine. LAB TESTS, including liver and kidney function, blood pressure, and complete blood cell counts, may be performed while you use this medicine. These tests may be used to monitor your condition or check for side effects. Be sure to keep all doctor and lab appointments. THIS MEDICINE MAY CAUSE DROWSINESS, DIZZINESS, OR LIGHTHEADEDNESS. These effects may be worse if you take it with alcohol or certain medicines. Use this medicine with caution. Do not drive or perform other possibly unsafe tasks until you know how you react to it. This medicine may cause dizziness, lightheadedness, or fainting; alcohol, hot weather, exercise, or fever may increase these effects. To prevent them, sit up or stand slowly, especially in the morning. Sit or lie down at the first sign of any of these effects. PATIENTS WHO TAKE MEDICINE FOR HIGH BLOOD PRESSURE often feel tired or run down for a few weeks after starting treatment. Be sure to take your medicine even if you may not feel “normal.” Tell your doctor if you develop any new symptoms. DO NOT SUDDENLY STOP TAKING THIS MEDICINE without first consulting your doctor. If your doctor decides you should no longer use this medicine, you will need to stop this medicine gradually according to your doctor’s instructions. IF YOUR DOCTOR HAS INSTRUCTED YOU TO CHECK YOUR BLOOD PRESSURE and heart rate regularly, be sure to do so. TELL YOUR DOCTOR OR DENTIST that you take this medicine before you receive any medical or dental care, emergency care, or surgery. BEFORE YOU BEGIN TAKING ANY NEW MEDICINES, either prescription or over-the-counter, check with your doctor or pharmacist. Do not take any medicines used to treat colds or congestion without first talking with your doctor or pharmacist. FOR WOMEN: If you become pregnant, contact your doctor. You will need to discuss the benefits and risks of using this medicine while you are pregnant. This medicine is found in breast milk. If you are or will be breast-feeding while you use this medicine, check with your doctor. Discuss any possible risks to your baby. DIABETES PATIENTS: this medicine may hide signs of low blood sugar, such as rapid heartbeat. Be sure to watch for other signs of low blood sugar. Low blood sugar may make you anxious, sweaty, weak, dizzy, drowsy, or faint. It may also make your vision change; give you a headache, chills, or tremors; or make you more hungry. Check blood sugar levels closely. Ask your doctor before you change the dose of your diabetes medicine.

POSSIBLE SIDE EFFECTS: SIDE EFFECTS that may occur while taking this medicine include constipation, diarrhea, dizziness, dry mouth/eyes, gas, headache, heartburn, lightheadedness, mild drowsiness, muscle aches, nausea, stomach pain, trouble sleeping, unusual tiredness or weakness, or vomiting. If they continue or are bothersome, check with your doctor. CONTACT YOUR DOCTOR IMMEDIATELY if you experience blue or unusually cold hands or feet; chest pain; fainting; hallucinations; mood or mental changes (eg, confusion, depression); pounding in the chest; severe dizziness or lightheadedness; shortness of breath; slow or irregular heartbeat; swelling of the arms, hands, and feet; vision changes; wheezing; yellowing of the skin or eyes. AN ALLERGIC REACTION to this medicine is unlikely, but seek immediate medical attention if it occurs. Symptoms of an allergic reaction include rash; hives; itching; difficulty breathing; tightness in the chest; swelling of the mouth, face, lips, or tongue. If you notice other effects not listed above, contact your doctor, nurse, or pharmacist. This is not a complete list of all side effects that may occur. If you have questions about side effects, contact your healthcare provider. Call your doctor for medical advice about side effects. You may report side effects to FDA at 1-800-FDA-1088.

BEFORE USING THIS MEDICINE: WARNING: Do not suddenly stop taking this medicine; sharp chest pain, irregular heartbeat, and sometimes heart attack may occur. The risk may be greater if you have certain types of heart disease. Your doctor should slowly lower your dose over several weeks if you need to stop taking it, even if you only take it for high blood pressure. Heart disease is common and you may not know you have it. Limit physical activity while you are lowering your dose. If new or worsened chest pain or other heart problems occur, contact your doctor right away. You may need to start taking this medicine again. Tell your doctor or dentist that you take this medicine before you receive any medical or dental care, emergency care, or surgery. Tell your doctor if you have a history of diabetes or take medicine to lower your blood sugar (eg, glyburide, insulin). This medicine may hide signs of low blood sugar such as fast heartbeat. Tell your doctor right away if you notice other signs of low blood sugar such as anxiety, chills, dizziness, drowsiness, fainting, headache, tremor, unusual sweating, vision changes, or weakness. This medicine should not usually be used by patients who have a history of certain lung or breathing problems (eg, asthma) or certain types of adrenal gland tumor (pheochromocytoma). It may worsen these conditions. Tell your doctor if you have a history of these conditions; your doctor may need to adjust your dose or prescribe additional medicine to reduce

the risk of side effects. Tell your doctor if you have a history of overactive thyroid. This medicine may hide symptoms of overactive thyroid (eg, fast heartbeat). Do not suddenly stop taking this medicine; suddenly stopping this medicine could worsen your condition. Your doctor should slowly lower your dose over several weeks if you need to stop taking it. Check with your doctor for more information. Some medicines or medical conditions may interact with this medicine. **INFORM YOUR DOCTOR OR PHARMACIST** of all prescription and over-the-counter medicine that you are taking. **DO NOT TAKE THIS MEDICINE IF** you are taking mibefradil. **ADDITIONAL MONITORING OF YOUR DOSE OR CONDITION** may be needed if you are taking amiodarone, bupropion, certain HIV protease inhibitors (eg, ritonavir), certain selective serotonin reuptake inhibitors (SSRIs) (eg, fluoxetine, paroxetine), cimetidine, digoxin, diphenhydramine, disopyramide, flecaninide, hormonal contraceptives (eg, birth control pills), hydralazine, hydroxychloroquine, kefanserin, mefloquine, phenothiazines (eg, thioridazine), propafenone, quinazolines (eg, alfuzosin), quinidine, terbinafine, propylthiouracil, verapamil, barbiturates (eg, phenobarbital), idomethacin, phenylpropanolamine, bupivacaine, lidocaine, or clonidine. **DO NOT START OR STOP** any medicine without doctor or pharmacist approval. Inform your doctor of any other medical conditions including lung or breathing problems (eg, asthma, bronchitis, chronic obstructive pulmonary disease [COPD]), diabetes, low blood pressure, thyroid problems, or adrenal gland tumor (pheochromocytoma), allergies, pregnancy, or breastfeeding. Tell your doctor if you have a history of heart attack, slow or irregular heartbeat, heart failure, or other heart problems; chest pain or angina; blood vessel or circulation problems; liver disease; or if you will be having surgery or receiving anesthesia. **USE OF THIS MEDICINE IS NOT RECOMMENDED** if you have a very slow heartbeat (eg, bradycardia), certain types of irregular heartbeat (eg, atrioventricular [AV] block, sick sinus syndrome), moderate to severe heart failure, very low systolic blood pressure (less than 100 mm Hg), or severe blood circulation problems. Contact your doctor or pharmacist if you have any questions or concerns about using this medicine.

OVERDOSE: If overdose is suspected, contact your local poison control center or emergency room immediately. Symptoms of overdose may include chest pain, seizures, very slow heart beat, severe dizziness, fainting, and difficult or slowed breathing.

PATIENT-ORIENTED DISCLAIMER: The information in this monograph is not intended to cover all possible uses, directions, precautions, drug interactions, or adverse effects. This information is generalized and is not intended

as specific medical advice. If you have questions about the medicines you are taking or would like more information, check with your doctor, pharmacist, or nurse.

1.5 nitrostat

0.4 mg sub, a/k/a nitroglycerin; directions: dissolve one tablet under the tongue every 5 minutes as needed for chest pain. Do not exceed a total of 3 doses in 15 minutes.³

COMMON USES: This medicine is a nitrate used to treat and prevent angina (chest pain) caused by heart disease. It may also be used to treat other conditions as determined by your doctor.

HOW TO USE THIS MEDICINE: Follow the directions for using this medicine provided by your doctor. **DO NOT EAT OR DRINK** anything while you are using this medicine. **AT THE FIRST SIGN OF AN ANGINA ATTACK**, sit down and place 1 tablet under tongue or between the cheek and gum. Allow it to dissolve completely. Do not chew, crush, or swallow the tablet. Repeat every 5 minutes until relief is obtained. Do not use more than 3 tablets in 15 minutes. **IF YOU STILL HAVE PAIN** after using 3 tablets, contact your doctor or seek emergency medical care. **YOUR DOCTOR MAY GIVE YOU OTHER INSTRUCTIONS** about how to take this medicine. Talk with your doctor if you have questions about what to do if this medicine does not relieve your chest pain, if your chest pain worsens after taking this medicine, or when you should seek medical attention. **IF YOU USE THIS MEDICINE TO PREVENT ANGINA CAUSED BY PHYSICAL ACTIVITY**, use it 5 to 10 minutes before activity unless your doctor tells you otherwise. **KEEP THIS MEDICINE IN THE ORIGINAL GLASS CONTAINER**, with the lid tightly closed. Throw away the cotton inside once the bottle is opened. Ask your pharmacist how long this medicine will continue to work properly after the bottle is opened for the first time. **STORE THIS MEDICINE** at room temperature below 77 degrees F (25 degrees C), away from heat, moisture, and light. **KEEP THIS MEDICINE** out of the reach of children and away from pets. Do not routinely carry this medicine close to the body (such as in trouser or shirt pockets). This may decrease the effectiveness of the medicine. **IF YOU MISS A DOSE OF THIS MEDICINE AND YOU ARE STILL HAVING CHEST PAIN**, contact your doctor right away. Ask your health care provider any questions you may have about the proper use of this medicine.

³Prescribed for an emergency contingency which has not materialized.

CAUTIONS: DO NOT TAKE THIS MEDICINE if you have had an allergic reaction to it or if you are allergic to any ingredient in this product. DO NOT EXCEED THE RECOMMENDED DOSE or take this medicine more often than prescribed without checking with your doctor. When used at higher doses or more often than prescribed, this medicine may not work as well. This is known as a TOLERANCE. Tolerance to other nitrates and nitrites may also occur. Increasing the dose is not effective in managing tolerance to this medicine. TALK WITH YOUR DOCTOR IF THIS MEDICINE STOPS WORKING WELL. Do not take more than prescribed. Laboratory and/or medical tests, including heart function, blood pressure, and blood electrolyte levels, may be performed to monitor your progress or to check for side effects. KEEP ALL DOCTOR AND LABORATORY APPOINTMENTS while you are taking this medicine THIS MEDICINE MAY AFFECT CERTAIN LAB TEST RESULTS. make sure laboratory personnel and your doctors know you use this medicine. BEFORE YOU HAVE ANY MEDICAL OR DENTAL TREATMENTS, EMERGENCY CARE, OR SURGERY, tell the doctor or dentist that you are taking this medicine. This medicine may cause dizziness, blurred vision, or lightheadedness. DO NOT DRIVE, OPERATE MACHINERY, OR DO ANYTHING ELSE THAT COULD BE DANGEROUS until you know how you react to this medicine. Using this medicine alone, along with other medicines, or with alcohol may lessen your ability to drive or to perform other potentially dangerous tasks. CHECK WITH YOUR DOCTOR BEFORE YOU DRINK ALCOHOL while you are using this medicine. Drinking alcohol may increase the risk of low blood pressure with this medicine. This medicine may cause dizziness, lightheadedness, or fainting. SIT DOWN WHILE TAKING THIS MEDICINE. When you return to a standing position, stand slowly using caution to avoid falling caused by lightheadedness or dizziness. THIS MEDICINE CAN CAUSE TINGLING OR BURNING when you put it under your tongue. However, lack of tingling or burning does not mean the medicine is not working. CONTACT YOUR DOCTOR RIGHT AWAY if you develop slow heartbeat or new or worsening chest pain after you take this medicine. BEFORE YOU BEGIN TAKING ANY NEW MEDICINE, either prescription or over-the-counter, check with your doctor or pharmacist. CAUTION IS ADVISED WHEN USING THIS MEDICINE IN THE ELDERLY because they may be more sensitive to the effects of this medicine. FOR MEN: DO NOT TAKE PHOSPHODIESTERASE INHIBITORS (eg, sildenafil, tadalafil, or vardenafil) while using this medicine because the risk of low blood pressure may be increased. FOR WOMEN: IF YOU PLAN ON BECOMING PREGNANT, discuss with your doctor the benefits and risks of using this medicine during

pregnancy. IT IS UNKNOWN IF THIS MEDICINE IS EXCRETED in breast milk. IF YOU ARE OR WILL BE BREAST-FEEDING while you are using this medicine, check with your doctor or pharmacist to discuss the risks to your baby.

POSSIBLE SIDE EFFECTS: SIDE EFFECTS that may occur while taking this medicine include burning or tingling sensation; dizziness, lightheadedness, or fainting when sitting up or standing; flushing of face and neck; headache; nausea; or vomiting. If they continue or are bothersome, check with your doctor. CONTACT YOUR DOCTOR IMMEDIATELY if you experience blurred vision; dry mouth; fainting; flushing; heavy sweating; irregular heartbeat; new, abnormal, or worsening chest pain; pale skin; pounding in the chest; severe dizziness or headache; severe or persistent nausea or vomiting; shortness of breath; slow or irregular heartbeat; or swelling of the hands, ankles, or feet; or unusual weakness. AN ALLERGIC REACTION to this medicine is unlikely, but seek immediate medical attention if it occurs. Symptoms of an allergic reaction include rash; hives; itching; difficulty breathing; tightness in the chest; swelling of the mouth, face, lips, or tongue. This is not a complete list of all side effects that may occur. If you have questions about side effects, contact your health care provider. Call your doctor for medical advice about side effects. You may report side effects to FDA at 1-800-FDA-1088.

BEFORE USING THIS MEDICINE: Some medicines or medical conditions may interact with this medicine. INFORM YOUR DOCTOR OR PHARMACIST of all prescription and over-the-counter medicine that you are taking. DO NOT TAKE THIS MEDICINE if you are also taking a phosphodiesterase type 5 inhibitor (eg, sildenafil, tadalafil, or vardenafil). ADDITIONAL MONITORING OF YOUR DOSE OR CONDITION may be needed if you are taking alteplase, beta-blockers (eg, propranolol) calcium channel blockers (eg, diltiazem) diuretics (eg, furosemide, hydrochlorothiazide), medicines for high blood pressure, ergot alkaloids (eg, dihydroergotamine, ergotamine), long-acting nitrates (eg, nitroglycerin patch), phenothiazines (eg, thioridazine), or salicylates (eg, aspirin) DO NOT START OR STOP any medicine without doctor or pharmacist approval. Inform your doctor of any other medical conditions, including anemia, low blood pressure, dehydration, low blood volume, allergies, pregnancy, or breast-feeding. Tell your doctor if you have a history of other heart problems (eg, heart failure, enlarged heart, heart attack), overactive thyroid, stroke or other bleeding in the brain, or recent head injury. Tell your doctor if you drink alcoholic beverages. USE OF THIS MEDICINE IS NOT RECOMMENDED if

you have increased pressure in the head or severe anemia. Contact your doctor or pharmacist if you have any questions about taking this medicine.

OVERDOSE: IF OVERDOSE IS SUSPECTED, contact your local poison control center or emergency room immediately. Symptoms of overdose may include cold or blue skin; confusion; diarrhea; excessive sweating; fainting; fast, low, or irregular heartbeat; fever; inability to move; loss of consciousness; persistent throbbing headache; seizures; severe dizziness, nausea, or vomiting; trouble breathing; or vision problems.

PATIENT-ORIENTED DISCLAIMER: The information in this monograph is not intended to cover all possible uses, directions, precautions, drug interactions, or adverse effects. This information is generalized and is not intended as specific medical advice. If you have questions about the medicines you are taking or would like more information, check with your doctor, pharmacist, or nurse.

1.6 plavix

75 mg tab, a/k/a clopidogrel; directions: take one tablet by mouth every day.

COMMON USES: This medicine is platelet aggregation inhibitor. This medicine is used for reducing the risk of stroke, heart attack, or death in patients who have already had a heart attack or stroke, have other circulatory problems caused by narrowing and hardening of the arteries, or have certain other heart problems (eg, unstable angina). It may also be used to treat other conditions as determined by your doctor

HOW TO USE THIS MEDICINE: Follow the directions for using this medicine provided by your doctor. This medicine may be taken on an empty stomach or with food. **TAKE THIS MEDICINE ON A REGULAR SCHEDULE** to get the most benefit from it. **DO NOT STOP TAKING THIS MEDICINE WITHOUT TALKING TO YOUR DOCTOR.** This may increase the risk of heart problems. **STORE THIS MEDICINE** at room temperature at 77 degrees F (25 degrees C) away from heat and light. Brief storage between 59 and 86 degrees F (15 and 30 degrees C) is permitted. Do not store in the bathroom. **KEEP THIS MEDICINE** out of reach of children and away from pets. **IF YOU MISS A DOSE OF THIS MEDICINE,** take it as soon as possible. If it is almost time for your next dose, skip the missed dose and go back to your regular dosing schedule. Do **NOT** take 2 doses at once.

CAUTIONS: DO NOT USE THIS MEDICINE if you are allergic to any ingredient in this medicine. BEFORE YOU BEGIN TAKING ANY NEW MEDICINE, either prescription or over-the-counter, check with your doctor or pharmacist. THIS MEDICINE MAY CAUSE DIZZINESS. This effect may be worse if you take it with alcohol or certain medicines. Use this medicine with caution. Do not drive or perform other possibly unsafe tasks until you know how you react to it. THROMBOTIC THROMBOCYTOPENIC PURPURA (TTP) is a serious, possibly fatal, condition that has occurred in patients who take this medicine. It has sometimes occurred after taking this medicine for short periods of time (eg, less than 2 weeks). Seek immediate medical attention if you have pale skin; purple skin patches; symptoms of hemolytic anemia (eg, unusual tiredness or weakness, fever or chills, stomach or back pain, yellowing of the eyes or skin); or unusual bruising or bleeding. THIS MEDICINE MAY REDUCE THE NUMBER OF CLOT-FORMING CELLS (PLATELETS) IN YOUR BLOOD. Avoid activities that may cause bruising or injury. Tell your doctor if you have unusual bruising or bleeding. Tell your doctor if you have dark, tarry, or bloody stools. TELL YOUR DOCTOR OR DENTIST that you take this medicine before you receive any medical or dental care, emergency care, or surgery. You may need to stop this medicine before you have certain types of surgery. THIS MEDICINE MUST BE CONVERTED IN THE BODY FOR IT TO WORK. This conversion does not occur as well in some people (about 2% of white patients, 4% of black patients, and 14% of Chinese patients), and the medicine may not work as well in these patients. Your doctor may perform a test to check how well your body is able to convert this medicine. Talk with your doctor for more information. PREGNANCY and BREAST-FEEDING: If you think you may be pregnant, contact your doctor. You will need to discuss the benefits and risks of using this medicine while you are pregnant. It is not known if this medicine is found in breast milk. Do not breast-feed while taking this medicine.

POSSIBLE SIDE EFFECTS: SIDE EFFECTS that may occur while taking this medicine include: easy bruising; minor bleeding. If they continue or are bothersome, check with your doctor. SEEK MEDICAL ATTENTION RIGHT AWAY if any of these SEVERE side effects occur: black, tarry stools; bleeding in the eye; change in the amount of urine produced; change in vision; chest pain; confusion; dark or bloody urine; fever, chills, or sore throat; loss of appetite; pale skin; purple skin patches; seizures; severe, persistent headache; speech problems; stomach or back pain; unexplained weight loss; unusual bruising; unusual, prolonged, or severe bleeding (eg, excessive bleeding from cuts, in-

creased menstrual bleeding; unexplained vaginal bleeding, unusual bleeding from the gums when brushing); unusual tiredness or weakness; yellowing of the skin or eyes. AN ALLERGIC REACTION to this medicine is unlikely, but seek immediate medical attention if it occurs. Symptoms of an allergic reaction include rash; hives; itching; difficulty breathing; tightness of the chest; swelling of the mouth, face, lips, or tongue; unusual hoarseness. This is not a complete list of all side effects that may occur. If you have questions about side effects, contact your health care provider. Call your doctor for medical advice about side effects. You may report side effects to FDA at 1-800-FDA-1088.

BEFORE USING THIS MEDICINE: WARNING: This medicine must be converted in the body for it to work. This conversion does not occur as well in some people. The medicine may not work as well in these patients. Your doctor may perform a test to check how well your body is able to convert this medicine. Talk with your doctor for more information. **SOME MEDICINES MAY INTERACT** with this medicine. **DO NOT TAKE THIS MEDICINE** if you are taking certain azole antifungals (eg, fluconazole, ketoconazole, voriconazole), cimetidine, dabigatran, etravirine, felbamate, fluoxetine, fluvoxamine, certain proton pump inhibitors (PPIs) (eg, omeprazole, esomeprazole), or ticlopidine. **TELL YOUR HEALTH CARE PROVIDER** if you are taking any other medicines, especially any of the following: anticoagulants (eg, warfarin), direct thrombin inhibitors (eg, desirudin), nonsteroidal anti-inflammatory drugs (NSAIDs) (eg, celecoxib, ibuprofen), rivaroxaban, salicylates (eg, aspirin), azole antifungals (eg, itraconazole), PPIs (eg, rabeprazole), fluvastatin, phenytoin, tamoxifen, tolbutamide, or torsemide. This may not be a complete list of all interactions that may occur. Ask your health care provider if this medicine may interact with other medicines you take. **DO NOT START OR STOP** any medicine without doctor or pharmacist approval. Inform your doctor of any other medical conditions, including a history of clotting disorders, bleeding problems, or other blood problems; ulcers; liver or kidney problems; bone marrow disease; recent injury or surgery (including dental surgery); allergies; pregnancy; or breast-feeding. Tell your doctor if you will be having surgery. **USE OF THIS MEDICINE IS NOT RECOMMENDED** if you have active bleeding (such as bleeding in the brain or a bleeding stomach ulcer). Contact your doctor or pharmacist if you have any questions or concerns about taking this medicine.

OVERDOSE: If overdose is suspected, contact your local poison control center or emergency room immediately.

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tions, or adverse effects. This information is generalized and is not intended as specific medical advice. If you have questions about the medicines you are taking or would like more information, check with your doctor, pharmacist, or nurse.

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